

PHYSICAL & PSYCHOLOGICAL FITNESS STANDARDS

The Civil Service Commission Rules and Regulations and the Administrative Code of the Township of Radnor require all applicants for any police officer position within the police department, as a condition of employment, to be physically and mentally fit for the performance of the duties as a police officer. Good physical and mental fitness are necessary for: protecting life and property; enforcing criminal and traffic laws; preventing such crime; preserving the public peace; apprehending person(s) suspected of having committed a crime; and carrying out the other duties and responsibilities of a police officer.

No applicant will be placed in any police officer position until a medical doctor appointed by the Civil Service Commission certifies that the applicant is free from any physical or mental disability that might incapacitate him/her from discharging the essential job duties and responsibilities for this position. An appointed police officer also must, as a condition of continued employment, maintain an acceptable level of physical and mental fitness throughout his/her active career. Such good fitness is beneficial to the officer, his/her family, and the Radnor Township Community, which the officer is appointed to serve. Failure to maintain satisfactory levels of physical and mental fitness will subject the appointed officer to, depending upon the nature and causes, referral for appropriate medical treatment and/or disciplinary action, up to and including termination of employment.

PHYSICAL AGILITY & ENDURANCE TEST STANDARDS

Prior to the oral examination, all applicants for a position in the police department are required to demonstrate their physical agility and endurance by successfully performing the minimum-level tests described below, within the prescribed time limits. These tests provide the Township with evidence of the applicant's ability to carry out his/her essential job duties and responsibilities. These physical fitness tests will be graded on a pass/fail basis for every applicant.

TESTING PROCEDURES

All applicants who qualify for the physical agility tests are required to sign a statement releasing Radnor Township and other testing parties from any liability for any injury incurred by the applicant in travelling to, from, and/or in participating in any of the physical agility tests.

TYPES OF AGILITY TESTS

Listed below are the specific physical agility and endurance tests that are administered to qualified applicants. All applicants for the position of Patrol Officer must meet the standards for all four of the following requirements:

- 300 METER RUN- Applicants will be required to complete a 300 meter run within 66 seconds.
- ONE-MINUTE PUSH UP- Applicants will be required to perform 25 straight plank push-ups within one minute.
- ONE-MINUTE SIT UP: Applicants will be required to perform 30 bent-leg sit-ups within one minute.

Once applicants have successfully completed the above tests, a rest period of 15 minutes will be provided before the run.

- ONE & ONE HALF MILE RUN: Applicants will be required to complete the run in 15 minutes 54 seconds or less.

LOCATION: RADNOR HIGH SCHOOL TRACK
130 KING OF PRUSSIA ROAD, WAYNE, PA 19087
SUNDAY 11/21/26 @ 1000