



CITY OF RICHLAND HILLS, TEXAS

POLICE DEPARTMENT

(817) 616-3780 · Fax (817) 616-3790 · 6700 BAKER BLVD. · RICHLAND HILLS, TEXAS · 76118

Dear Job Seeker:

The Richland Hills Police Department will be administering a written test for the position of police officer. You will be notified of the test date after your completed application has been received and approved. The written test will be at the Richland Hills Police Department, 6700 Baker Blvd., Richland Hills, TX 76118. The test will consist of mathematics, reading comprehension, grammar and incident report writing. The test will take one hour and fifteen minutes to complete and **will begin promptly at 8:00 a.m.**

Practice test and study guide materials can be obtained at <https://www.applytoserve.com/Study/>

In order to test with the department, job seekers must be at least 21 years of age with a high school diploma or G.E.D. No police officer certification is required.

A physical fitness test will be administered on this same day to those that pass the written test. More information on the location will be provided following the written test. The physical fitness test will consist of a Concept 2 Rower test.

Minimum Requirements

To successfully pass the Concept 2 Rower test, an applicant is required to complete the 2,000 meter row and achieve a minimum score of 25% (as of February 2020), with the difficulty level set to "5". The passing score is determined based on your gender, age and weight. All row tests will be administered by a certified tester. To determine your minimum standard for a passing 25%, visit the [Texas Department of Public Safety website](#) and follow the steps below:

- under the "Inputs" section select your gender and age range, then type in your weight
- under the "Desired Results" section, type in "25" and click "Calculate"
- you must achieve that time or faster to pass the Concept 2 Rower test.

Training for the 2000 meter row

[Proper technique and instructions](#)

[Common Errors](#)

You **should** be in good physical condition before attempting the physical fitness test. If any applicant has any questions concerning their physical fitness level to participate in the row test exercise, they should consult their doctor before participating or beginning any training regime.