



WAIVER of LIABILITY

To the Applicant:

As the applicant, you will be required to take part in a Physical Assessment. Your Physical Assessment is scheduled for **TO BE DETERMINED**. The Assessment will take place at Kingsway Regional High School (outdoor track). This assessment will consist of:

- 1.5 Mile Run
- 300 Meter Run
- Sit-ups (max 1 minute)
- Push-ups (max 1 minute)

I, _____, realize the physical demand of the above described physical assessment test and hereby release the Township of Woolwich, their employees, representatives, and agents from any and all liability and responsibility for injury that may result during testing. I have no known physical defects, or injuries, nor no other reason why I should not participate in the Physical Assessment.

Signature of Applicant

Date

Witness

Date